SELF JOURNAL "PLUG-IN"

## 2016 CALENDAR - MONDAY START - v 1.0 release

### HELLO FELLOW SELF JOURNALERS,

Here's a calendar that will fit in your SELF Journal.

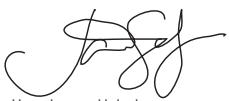
This PDF includes:

- This letter (hi :)
- Single-page monthly calendar
- Two-page monthly calendar (spread)
- Two-page appointment calendar (spread)

I made these calendars because I need a calendar that reflects the actual days in the month. I'm a spacial learner, which means that I learn, memorize, and organize based on where objects are. Without a 7-column calendar with the actual dates being in the boxes where they should be, my brain would be unhappy. Having made these calendars, though, I understand why Cathryn Lavery and Allen Brouwer designed the appointment calendar the way they did; it is the most efficient use of space.

Hope you find this useful! If you have any questions, corrections, or just want to talk about the amazing things you're working on, drop me a line :)

Take care, be good, do good,



Jackie Solinsky - jklchow.com

**some "A"s for some "Q"s:**

Are these calendars free?
*Yup.*

Were you paid to make these calendars?
*Nope.*

Can I sell these, digitally or physically?
*Nope. If you're from SELF Journal, we should talk! Otherwise, don't be a jerk.*

How did you edit the original PDFs?
*I didn't. I backwards engineered them with InDesign.*

Why is all the type the same weight?
*Museo 500 is free.*

What is the little line on the bottom of each page for?
*Page numbers.*

Why are there crop marks?
*In case you wanted to print/paste these calendars into your SELF Journal, the crop marks tell you where to cut so that it fits within your pre-existing journal.*

APPOINTMENT PLANNER
JANUARY 2016

| | | | | | | |
|---|---|---|---|---|---|---|
| | | | | 01 | 02 | 03 |
| 04 | 05 | 06 | 07 | 08 | 09 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

NOTES:

APPOINTMENT PLANNER
FEBRUARY 2016

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| 01 | 02 | 03 | 04 | 05 | 06 | 07 |
| 08 | 09 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | NOTES: | | | | | |

APPOINTMENT PLANNER
MARCH 2016

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| 07 | 08 | 09 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | NOTES: | | |

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- MONDAY START -

APPOINTMENT PLANNER
APRIL 2016

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| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | |

NOTES:

APPOINTMENT PLANNER
MAY 2016

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| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | NOTES: | | | | |

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- MONDAY START -

APPOINTMENT PLANNER
JUNE 2016

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| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | NOTES: | | |

- MONDAY START -

APPOINTMENT PLANNER
JULY 2016

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| 04 | 05 | 06 | 07 | 08 | 09 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

NOTES:

APPOINTMENT PLANNER
AUGUST 2016

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| 01 | 02 | 03 | 04 | 05 | 06 | 07 |
| 08 | 09 | 10 | 11 | 12 | 13 | 14 |
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| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | NOTES: | | | |

- MONDAY START -

APPOINTMENT PLANNER
SEPTEMBER 2016

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| 05 | 06 | 07 | 08 | 09 | 10 | 11 |
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| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | NOTES: | |

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- MONDAY START -

APPOINTMENT PLANNER
OCTOBER 2016

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| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | NOTES: | | | | | |

- MONDAY START -

APPOINTMENT PLANNER
NOVEMBER 2016

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| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | NOTES: | | | |

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- MONDAY START -

APPOINTMENT PLANNER
DECEMBER 2016

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| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | NOTES: |

- MONDAY START -

APPOINTMENT PLANNER
JANUARY 2016

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| 04 | 05 | 06 | 07 | 08 |
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| 16 | 17 |
| 23 | 24 |
| 30 | 31 |

APPOINTMENT PLANNER
FEBRUARY 2016

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| 01 | 02 | 03 | 04 | 05 |
| 08 | 09 | 10 | 11 | 12 |
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- MONDAY START -

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APPOINTMENT PLANNER
MARCH 2016

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| 14 | 15 | 16 | 17 | 18 |
| 21 | 22 | 23 | 24 | 25 |
| 28 | 28 | 30 | 31 | |

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| 26 | 27 |

APPOINTMENT PLANNER
APRIL 2016

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- MONDAY START -

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APPOINTMENT PLANNER
MAY 2016

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APPOINTMENT PLANNER
JUNE 2016

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| 06 | 07 | 08 | 09 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |

APPOINTMENT PLANNER
JULY 2016

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| 11 | 12 | 13 | 14 | 15 |
| 18 | 19 | 20 | 21 | 22 |
| 25 | 26 | 27 | 28 | 29 |

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| 16 | 17 |
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- MONDAY START -

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APPOINTMENT PLANNER
AUGUST 2016

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- MONDAY START -

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APPOINTMENT PLANNER
SEPTEMBER 2016

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| 17 | 18 |
| 24 | 25 |

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- MONDAY START -

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APPOINTMENT PLANNER
OCTOBER 2016

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| 17 | 18 | 19 | 20 | 21 |
| 24 | 25 | 26 | 27 | 28 |
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| 22 | 23 |
| 29 | 30 |

APPOINTMENT PLANNER
NOVEMBER 2016

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| 07 | 08 | 09 | 10 | 11 |
| 14 | 15 | 16 | 17 | 18 |
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- MONDAY START -

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APPOINTMENT PLANNER
DECEMBER 2016

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| 12 | 13 | 14 | 15 | 16 |
| 19 | 20 | 21 | 22 | 23 |
| 26 | 27 | 28 | 29 | 30 |

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| 24 | 25 |
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APPOINTMENT PLANNER
MONTH:

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